

Adult Learners' Week 2009

Saturday 9 - Friday 15 May

FREE EVENTS



“Anyone who stops learning is old, whether at twenty or eighty”

HENRY FORD

Adult Learners' Week is the UK's biggest festival of learning and gives you the chance to try something new - for free!

There are many opportunities to learn in Greenwich whether you are looking to enhance your career prospects, start a new hobby or take some time out for yourself.

As well as the listed themed days inside this leaflet, the following events are taking place throughout the week:



Greenwich Community College are running a range of free General Interest courses. For more details and to register online please visit www.gcc.ac.uk or pop into a GCC centre.

The Eltham Centre is hosting an 'Exhibition of Learning' throughout the week. You can pop in from 9am - 2.30pm to look at a range of learning opportunities in Greenwich.

HMP Belmarsh will have several activities running this week and an awards ceremony for prisoners who have made outstanding progress in their learning. The activities include a Creative Writing competition, displays in the increasing trade and vocational skills workshops and the launch of the Ideas Project. This project is externally funded by a charity and will enable new activities to benefit prisoners and staff in their learning and skills.

Please note that activities at HMP Belmarsh are not open to the general public.



Saturday 9 May

Cultural & Community Day

Come along to our **launch event** at Winn's Common as part of Greenwich Council's Great Get Together. You can enjoy a range of taster sessions and there will be free activities for all the community, with stage performances and a chance to have your say on local issues.

The **Greenwich Online Computer Bus** will be there, come on and have a go: Surf the Internet, search online for a job and sample a wide range of online courses e.g banking, social networking, ebay auctions.

Winn's Common, Plumstead 10.00am - 4.00pm

Monday 11 May

Jobs Fair

Jobs Fair

Come along and speak to employers and get information advice and guidance on brushing up your CV and tips on how to fill out an application form and covering letter, to help you get that dream job.

Charlton Athletic Football Ground, SE7 8BL
0800 0130 730 10.00am-3.00pm

Greenwich Online 'Open and Drop-in Events'

All are welcome, especially if you have never used the Internet. You can carry out online searches for jobs and sample a wide range of online courses: get an email account, using the Internet, using email, and many more.

CLC@Abbey Wood, Eynsham Drive, SE2 9AL
020 8331 3161 10.00am-1.00pm
2.00pm-4.00pm

Charlton House, Charlton Village, SE7 8RE
020 8856 3951 10.00am-12.00pm

Eltham Centre, Eltham High Street, SE9 1HA
020 8921 3492 1.00pm-4.00pm

GDRC, Erwood Road, SE7 8HE
020 8317 8393 3.00pm-4.30pm

GNBLKS, 62 Crescent Road, SE18 7BL
020 8855 7453 10.00am-12.00pm

Middle Park Community Centre, Middle Park Ave, SE9 5SD
020 8850 2638 1.00pm-3.00pm

Sherard Road Day Centre, Tattershall Close, SE9 6ET
020 8859 7607 3.00pm-4.30pm

The Computer Bus, Woolwich Centre nr M&S, SE18
07958 745 404 10.00am-4.00pm

Events in Libraries

Chair exercise

Simple but effective chair-based exercises. Specially suited to the over 50's. Provided by Active for Health Greenwich.

Plumstead Library, SE18 1JL
020 8854 1728 2.30pm-3.30pm

Getting the most out of the internet

West Greenwich Library, SE10 8NN
020 8858 4289 10.00am-11.30am

Blackheath Library, SE3 7BT
020 8858 1131 2.30pm-4.00pm

Yoga for babies and children

Introduce your under 5 to simple yoga techniques
Charlton Library, SE7 8RE
020 8319 2525 10.30am-11.30am

New Eltham Library, SE9 3QT
020 8850 2322 2.30pm-3.30pm

Tuesday 12 May

Sport & Leisure Day

Events in Libraries

Yoga for babies and children

Introduce your under 5 to simple yoga techniques
West Greenwich Library, SE10 8NN
020 8858 4289 10.30am-11.00am

Slade Library, SE18 2QQ
020 8854 7900 2.45pm-3.15pm

The Community Participation and Diversity Team

Its aim is to get Council tenants involved in the monitoring of services provided to estates including Cleansweep and repairs. The team offer training and support for all volunteers. There are many ways you can get involved from the local housing panel, diversity review board, estate inspections to telephone conferences and specialised focus groups. Call 020 8921 5585 or email michael.hammonds@btinternet.com. The team is based at Crown Buildings, Woolwich.

**ALL EVENTS ARE FREE! PLACES ARE LIMITED,
PRE-BOOK FOR EVENTS WHERE THE TELEPHONE NUMBER IS LISTED.**



Healthy eating

Making healthy soup on a budget – demonstration and free samples!

Coldharbour Library, SE9 3AY

020 8857 7346

2.30pm-3.30pm

Get Active – Tai Chi

A Tai Chi demonstration provided by Active for Health, Greenwich.

Plumstead Library SE18 1JL

020 8854 1728

10.30am-11.30am

Reflexology

A demonstration of the ancient healing art.

Blackheath Library, SE3 7BT

020 8858 1131

2.30pm-3.30pm

Outdoor Sports/Gym at Charlton Park

Charlton Park Road, SE7

11.00am-1.00 pm

Wednesday 13 May

E-Learning Day

Greenwich Online 'Open and Drop-in Events'

Everyone welcome – come and have a go! Use a computer, the Internet, email, and sample a wide range of online course: banking online, using Internet safely, social networking and many more.

CLC@Abbey Wood, Eynsham Drive, SE2 9AL

020 8331 3161

10.00am-1.00pm

2.00pm-4.00pm

Charlton Triangle, Langhorne Hse, Springfield Grove, SE7 7TL

020 8858 3254

10.00am-12.00pm

Greenlawns, 51 Vincent Road, SE10 6RW (Over 50s)

020 8855 4818

2.00pm- 4.00pm

St Mary's Community Centre, Eltham High Street, SE9 1BW

020 8850 2040

2.00pm- 4.00pm

Woolwich Common CC, 16 Leslie Smith Square, SE18 4DW

020 8855 2437

2.00pm-4.00pm

Events in Libraries

Chair exercise

Simple but effective chair-based exercises. Specially suited to the over 50s. Provided by Active for Health Greenwich at 2.30pm-3.30pm & 3.30pm-4.30pm -

Eltham Centre Library, SE9 1HA &

Woolwich Library, SE18 6QZ

Healthy eating

Making healthy soup on a budget – demonstration and free samples!

Woolwich Library, SE18 6QZ

020 8921 5750

11.30am-12.30pm

Yoga for babies

Introduce your under 5 to simple yoga techniques

Claude Ramsey Library

020 8310 4246

10.30am-11.00am

Thursday 14 May

Silver Surfers Day

Greenwich Online 'Open and Drop-in Events'

You are never too old to learn how to use a computer, the Internet, email, online banking and social networking.

Greenlawns, 51 Vincent Road, SE10 6RW (Over 50s)

020 8855 4818

2.00pm- 4.00pm

CANE, New Eltham Library, Southwood Road, SE9 3QT

020 8850 7122

2.00pm-4.00pm

Clockhouse Community Centre, Defiance Walk, SE18 5QL

020 8855 7188

10.00am-12.00pm

The Computer Bus, Woolwich Centre nr M&S, SE18

07958 745 404

10.00am-4.00pm

Greenwich Community College and the Community Engagement Unit

The community engagement unit has four community development officers and a wider family learning co-ordinator. The community development officers organise courses in community venues for local residents. They also work in partnership with voluntary organisations, Children's Centres and Extended Schools. As far as possible they arrange courses to run at a time and place to suit the learners. The courses can be about first steps into adult learning, personal development, skills for further training or work, or developing your group.

Family Learning is about families learning together – parents, carers and the children they care for – throughout Greenwich in schools, children's centres and community centres. They can be from four to 12 weeks long, except for the two to three day workshops in the half term and school holidays.

For more information contact:

Barbara Smith, Community Development Manager,
020 8859 9363, barbaras@gcc.ac.uk

**ALL EVENTS ARE FREE! PLACES ARE LIMITED,
PRE-BOOK FOR EVENTS WHERE THE TELEPHONE NUMBER IS LISTED.**



Thursday 14 May

Silver Surfers Day

Events in Libraries

Web2

A guide to wikis, blogs and twitters

Woolwich Library, SE18 6QZ

020 8921 5750

10.30am-12pm

Get Active – Tai Chi

A Tai Chi demonstration provided by Active for Health, Greenwich.

Eltham Centre Library, SE9 1HA

020 8921 3452

11am-12pm

Healthy eating

Making healthy soup on a budget – demonstration and free samples!

Plumstead Library, SE18 1JL

020 8854 1728

2.30pm-3.30pm

Yoga for babies

Introduce your under 5 to simple yoga techniques

Woolwich Library, SE18 6QZ

020 8921 5750

10.30am-11.00am

Blackheath Library, SE3 7BT

020 8858 1131

2.00pm-2.30pm

Chair exercise

Simple but effective chair-based exercises. Specially suited to the over 50's. Provided by Active for Health Greenwich.

Claude Ramsey Library, SE28 8DT

020 8310 4246

2pm-3pm

Creative writing

Children's author Dinah Capparucci describes her own experiences of writing and getting her work published.

Eltham Centre Library, SE9 1HA

020 8921 3452

7.00pm-8.30pm

Friday 15 May

Greenwich Online 'Open and Drop-in Events'

All are welcome, see how technology can help you. You can carry out online jobs searches and sample a wide range of online courses: using the Internet, using email and many more.

Hamara Assra, Jubilee Hall, Greenwich South St., SE10 8UU

020 8694 6458

10.00pm-1.00pm

Charlton Triangle, Langhorne Hse, Springfield Grove, SE7 7TL

020 8319 8870

10.00am-12.00pm

Glyndon Community Centre, Raglan Road, SE18 7LB

020 8855 9981

1.00pm-3.00pm

Greenlawns, 51 Vincent Road, SE10 6RW (Over 50s)

020 8855 4818

2.00pm- 4.00pm

Events in Libraries

Healthy eating

Making healthy soup on a budget – demonstration and free samples!

Charlton Library, SE7 8RE

020 8319 2525

11.00am-12.00pm

Not just Google

Finding the information you want on the internet

Woolwich Library, SE18 6QZ

020 8921 5750

11am-12pm

Emails, scans and images

Blackheath Library, SE3 7BT

020 8858 1131

2.30pm-4.00pm

University of the Third Age (U3A)

Find out about educational, creative & leisure opportunities for people no longer in full time employment.

Charlton House, SE7 8RE

020 8856 3951

10am-1pm

Yoga for babies

Introduce your under 5 to simple yoga techniques

Eltham Centre Library, SE9 1HA

020 8921 3452

10am-10.30am / 11am-11.30

Chair exercise

Simple but effective chair-based exercises. Specially suited to the over 50's. Provided by Active for Health Greenwich.

New Eltham Library, SE9 3QT

020 8850 2322

9.30am-10.30am



For more information please call 0800 0130 730
or visit www.gcc.ac.uk

ADULT LEARNERS' WEEK IN GREENWICH IS ORGANISED BY GREENWICH LIFELONG LEARNING PARTNERSHIP.